



Getting Ready for **Kindergarten!**

at Lakeland Catholic Schools

Starting Kindergarten is an exciting time for you and your child.
Here are some ways you can help them prepare for
the first step in their learning journey!

Share the excitement:

Starting school is an exciting time! Share in the excitement with your child by:

- Visiting the school playground
- Connecting with other parents/families at the school
- Talk about the exciting things about Kindergarten (making friends, learning new things, being a "big kid", and the fun activities they will do every day!)
- Validate your child's feelings
- Read books about starting school

Learn about skills you can practice at home:

Language and Literacy

- Read with your child every day
- Practice recognizing upper and lowercase letters, rhyming words, and tracing letters with your child
- Search for a list of Kindergarten sight words and help your child familiarize themselves with them
- Practice writing their first name

Mathematics

- Provide opportunities for your child to practice identifying numbers and letters
- Practice counting out loud to 100
- Practice identifying shapes
- Practice matching numbers to the number of objects

Social-Emotional

- Support your child in learning to use the bathroom independently
- Help your child practice asking for help when they need it
- Encourage your child to use emotion words to describe how they are feeling
- Encourage your child to make their own choices and problem solve and promote flexible thinking by offering experiences that may be new or unfamiliar
- Practice cleaning up and helping with small tasks around the house

Motor Development

- Encourage your child to jump, climb, skip
- Practice using scissors
- Stack blocks
- Encourage your child to dress themselves (pants, socks, coat, shoes, etc.)

Learn more about Kindergarten at Lakeland Catholic Schools:

Lakeland Catholic offers caring, inspiring, faith-filled learning environments where all children can **learn, play, and grow!**



In our program, your child will learn through experiential learning opportunities while feeling encouraged to **explore** the world around them, **build relationships**, and **foster** a love of learning that they will carry for the rest of their learning journey.

Register today in:

Cold Lake

St. Dominic Elementary School (Cold Lake North – offers English and French Immersion)
Holy Cross Elementary School (Cold Lake South – offers English and French Immersion)

Bonnyville

École Notre Dame Elementary School (offers English and French Immersion)

Lac La Biche

Light of Christ Catholic School (offers English and French Immersion)

Waskatenau

Holy Family Catholic School



Scan for more
info about our
Kindergarten
Program!

Lakeland Catholic School Division

Christ Our **Model**. Children Our **Focus**.

lrcssd.ca   

